



Helping Communities Lead Change Around Health

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Why is this an important issue for health and wellbeing in Tower Hamlets?

- The health system has limited capacity – and set to come under increased strain.
- People taking more ownership and being less passive has a positive health impact.
- Need to widen our focus beyond health (e.g. people don't go out because of antisocial behaviour – which has a health impact).



What is currently being done to improve outcomes?

- Aberfeldy Estate – Big Local, Well London
- Arnold Circus
- Can Do Community Projects
- Patient Leaders
- Participatory appraisal/budgeting

Why they work?

- Local, place and asset based
- Partners work together to enable and empower



Where would we like to be in 3 years (vision statement)?

A neighbourhood level community asset based approach is the basic building block of health and social care delivery and supports 'local people to help local people' to grow resilience, increase self-reliance and address wellbeing.



What does the Board need to focus on?

- Moving focus from being service providers to developing the capacity, skills, knowledge, connections and potential within communities to support their own wellbeing. Board partners need to move from being ‘fixers to **facilitators**’, and from ‘providers to **empowerers**’.
- Partners sign up to:
 - Change the way they work to support people to make better use of their own, community and statutory-held assets and resources.
 - A greater proportion of resources going directly to communities, rather than to professionals paid to help.

Top areas of action the Board needs to focus on this year

- A **culture change** at all levels within partner organisations to one of working in partnership with patients, residents and communities to maximise assets.
- A growth in the **capacity** of local communities to identify assets, build networks and develop their own solutions to support needs.



What is required to make this happen?

- Staff, from senior management down, attending action learning workshops to explore the impact of current ways of working on people's capacity, and to develop more enabling ways of working.
- Investment in community development and volunteering schemes/programmes.
- HWB sub-committee created (replacing Comms & Engagement) to develop effective ways of mobilising people to improve health and care outcomes and show a positive return on investment for Board consideration .

Top indicators the Board needs to track

- Improvement in neighbourhood health and wellbeing attributable to actions of community groups and local people.
- Number of volunteer hours, volunteer experience and satisfaction.
- New Economics Foundation, Nesta and Royal Society of Arts developed evaluation tools for vanguards supporting social movements.